

January

Canal Winchester Senior Citizens, Inc.

Frances Steube Community Center • 22 S. Trine Street • Canal Winchester, OH 43110 • (614) 837-8276

Letter from your President

Dear Members,

We have all reached 2009. What a great feeling this is that we are starting a new year. I hope you all didn't celebrate too much on New Year but celebrate a little because this will help us all to feel a little bit better during this grey time of the year.

January and February will not be much fun, I'm sure, but have a good time at the potluck and bingo in January. We will also have a potluck in February because of the weather. I hope you have a good time doing that.

I'll see you all later in January. I am going to be gone for a couple of weeks in January to visit my son's place in the Bahamas. That sounds like fun doesn't it? I'm not sure it will be, but, I'm going to do it anyway.

See you later in January. Have a good time.

Happy New Year,

Frances Steube

Center Activity Cancellations

It's time for cold, snowy and icy weather, therefore, please remember....if Canal Winchester Schools are closed, all activities at the center are also closed. This includes transportation.

This is for your safety. If the roads are not clear enough for the school buses then we don't want anyone driving and risking a car accident or fall.

Senior Citizen Coordinator Message

Dear Members,

Happy New Year! The older one gets the faster time flies. Remember when weeks and months seemed to last forever. Summers were endless and birthdays never came fast enough. Now, birthdays come too quickly and days, months and years pass too quickly. Still, I always look forward to the new year. Linda and I hope that this year is filled with health and happiness for each of you.

Donna

Computers for Seniors

We are pleased to announce that we now have our "Senior Computers" ready for your use at the center. To use the computers you must complete an information form so you can be assigned your own user name and password. You also need to pay a one time fee of \$10.00 for a "flash drive" which will store any information you want to save. This is a very small device which you will keep. We encourage you to take advantage of this free service. You can write and receive e-mail from friends and family and search the internet for information on just about anything you can imagine.

Call to arrange a time to come in to use the computers or just for a brief demonstration. Linda, Donna or Penny will be happy to assist you.

Computer Classes

Computer classes will be offered at the old C.W. Middle School at Columbus & Washington Street. The first session is an introduction to computers on **Monday and Wednesday, January 19 and 21 from 9:30 to Noon.** Cost is \$20.00.

The second session will cover Microsoft Word which will teach you to type and print information. This class will be on **Monday and Wednesday January 26 and 28 from 9:30 to Noon.** Sign up today! **Class size is limited to 10 people.**



Sunshine Report by Pat Blythe

Get Well Cards were sent to:
Jack Cutler and Codean Manos

A Thinking of you card was sent to Charlie Dillon

Please call Pat at 920-4681 or the center at 837-8276 if you know someone that needs a card sent to them.

Happy January Anniversary to ~

- Jan 16 Jan & Martha Gehfeld
- Jan 18 Bill & Lynda Citro
- Jan 28 Jerry & Janet Callahan



December Door Prize Winners

Dianne's Flowers — Harriett Bender

Coffee Cups — Pat Blythe, Frances Steube and Betty McKee

Orchids & Ivy Florists — Dick Hummel

Gifts donated by Barbara Sullivan — Doug Osborn and Ruth Watkins

Gifts donated by Lynda & Bill Citro — Karen Oswalt and Irene Grover

Gift donated by Nancy Dials — Thelma Hicks

Umbrella — George Leonhart

50/50 Winner — Marian Andrews

Congratulations to the winners and thank you to all who donated prizes.



Happy January Birthday to~



- Jan 1 Virginia Dietz, Mavis Doolittle, Joy Shaffer
- Jan 2 Virginia Haner
- Jan 3 Barbara Bigerton
- Jan 4 Richard Bowen
- Jan 5 Annalu Schirm
- Jan 6 Nancy Dials, Garland Tatterson
- Jan 8 Norene Benson, Michael Magalotti
- Jan 9 Patricia Graham, Geneva Schumacher
- Jan 11 Mary Jan Allred, Shirley Carius, Linda Holcomb,
- Jan 13 Michael Pohorilla,
- Jan 16 Michael Bigerton, Marcie Hepe
- Jan 17 Mary Thurn
- Jan 18 Eurshie Holton
- Jan 21 Sue Stebelton
- Jan 26 Bernita Ardrey, Virginia Miller, Jeannette Schneider
- Jan 27 Katherine Scholtes
- Jan 28 Mary Jones, Wilber Lamp, Carolyn Leyndecker,
- Jan 30 Sue Pierce
- Jan 31 Anita Hippler, Hylda Zierman

A Special Thank You List

Thank you to Ben Lawrence for "putting us over the top" with his very generous donation to the senior citizens share of the expenses for Trine Street handicap accessible doors.

Thank you to Ina Snyder for taking the stray cat from outside the community center to the vet and paying his bill.

Thank you to Linda Tennison for giving "Tom" a home.

You are all generous and thoughtful people!!!

Weekly Lunches at the Center

December Senior Lunches

Lunch is served every week on Tuesdays at 11:30 p.m. at a cost of \$2.00. The exceptions are holidays and the second Tuesday of each month which is either a catered lunch at a cost of \$6.00 or potluck. This lunch includes the C. W. Senior Citizens, Inc. business meeting and entertainment.

This January and February's business meeting lunch is potluck. Bring your own place setting and a dish to share.

We are able to keep regular Tuesday lunches at the low cost of \$2 thanks to sponsorship donations by area businesses. This month's sponsors are:

- Jan. 6 Caring Senior Services
- Jan 20 Faith United Methodist Church
- Jan 27 Altercare

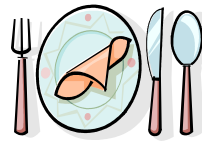
AARP TAX ASSISTANCE

Carolyn Sittler will again be at the center to file senior citizen income tax forms. Carolyn has done this for many years and will begin this year on Wednesday, February 4. Appointments can be made from 8—4:00 pm on Wednesdays through April 8. Please call the center early to schedule your appointment as they fill up very quickly. When you come for your appointment bring all your paperwork including last years tax return.

Lending Library

Did you know that there is a lending library at the Center? In addition to books which may be borrowed on the honor system, there are also several puzzles which you are welcome to borrow. Just stop by anytime during office hours.

Monthly Activities



Out to Lunch Bunch January 16

Join fellow members for lunch at an area restaurant for the "Out to Lunch Bunch" trip on the 3rd Friday of each month.

January's "on your own" lunch trip will be to the Olive Garden in Lancaster. Sign up at the center or give as a call to add your name to the list.



Progressive Euchre January 9 & 23

Progressive Euchre is the second and fourth Friday of every month.

PLEASE NOTE: Beginning in January the Euchre Committee will be serving snacks only. There will be no lunch. Euchre will still begin at noon.

December 12 Euchre Winners

- 1st Place – Mary Thurn
- 2nd Place - Donna Root
- Loners – Jerry Callahan, Mary Short, Thelma Huston
- Door Prize – David Ball

B-I-N-G-O

January 2

BINGO is the first Friday of every month.
Come to the center for an afternoon of FUN!

Medical Services at the Center

Podiatrist



Tuesday, Jan. 27



Dr. Simmons will be at the center on Tuesday, January 27 from 9 a.m. until noon to clip toenails. To make an appointment you must call the podiatrist's office at 614-866-3182.

PLEASE NOTE: Medicare will pay for this service once every 61 days if your yearly deductible has been met. Medigold and other insurances may have a deductible that must be paid by the patient. Please call the podiatry office if you have any questions.

Franklin County Nurse

The Franklin County Board of Health Commissioner, Susan Tilgner, has cancelled the monthly clinics at all Franklin County Senior Centers.

We would like to thank Franklin County Nurse, Jane Van Fossen for her 18+ years of dedicated service to our center as well as the other centers. We will miss her kindness, personal attention, concern and friendship.

Massages by Tania Neater,
Licensed Massage Therapist

January 7 and 21, 10 a.m. – 4 p.m.

Does a relaxing massage sound nice? Then call Tania Neater at 740-438-2186 to schedule an appointment! Tania, a licensed massage therapist, offers one hour massages at the center the first and third Wednesday of every month. The cost for senior citizens is only \$30 per hour which is half of Tania's regular rate.

"Penny Specials"

These trips are made possible through a grant that Penny Miller, C. W. Human Services Administrator, has obtained for the center. Since the 12 passenger vans are used there is no cost for transportation thus allowing the center to offer inexpensive fun trips.

All admissions and meals are on your own. You must sign up in advance and a minimum of 5 people is necessary for a trip. Meet at the center at the designated time. If you need transportation from your home to the center, please let us know and we can arrange that, too. Due to funding these trips are limited to Canal Winchester Senior Citizens Inc. members who live in either Fairfield or Franklin County.

Upcoming Activities

January 9, Friday Columbus Museum of Art "Objects of Wonder From OSU"

Leave center at 10:30 lunch on your own and then tour the Art Museum. Cost \$5.00.

January 30, Friday Lunch & Movie at Marcus Theater

Leave Center at 11:30. Lunch at on your own at Catalfino's and movie. Friday is "Young at Heart Day" at the theater so ticket is only \$4.00 and they have a *special senior* popcorn and soft drink price.

TRIP INFORMATION

The following trips are offered in partnership with Groveport and Pickerington Senior centers. Most trips are open to anyone. Stop in or call the Community Center to register for a trip or for more information. If you would like to travel but don't have a partner, please let the Community Center office know and we might be able to pair you up

The Bus is leaving at 10:30 am on Tuesday, January 27 for the Mountaineer Racetrack and Gaming Resort. Lunch on your own enroute.

UPCOMING TRIPS

Mountaineer Racetrack & Gaming Resort January 27—28



It's off to Chester, West Virginia to visit the very beautiful Mountaineer Gaming Resort. The **cost is only \$75.00** per person, double occupancy and includes transportation, accommodations, a \$20.00 gaming voucher, a \$20.00 food voucher and taxes and gratuities on included items.

Call for availability of this trip! A second bus will be added if only a few more people sign up! PAYMENT IS DUE BY JANUARY 5. Make checks payable to Pickerington Senior Center.

La Comedia Dinner Theatre *Polynesian Fire* February 18



Join us as we escape the cold of Ohio to the *Polynesia Fire* at LaComedia Dinner Theatre as they present the best of Polynesian culture, song and dance in this high energy revue. You will be amazed at the daring feats of the two time Fire Knife Dance champion.

The soothing tones of ukuleles and mesmerizing beat of tom-toms will have you feeling the warm breezes of the Pacific as Polynesian Fire brings the charm and magic of Polynesia to you.

The cost is **\$57.00** per person and includes motorcoach transportation, the delicious lunch buffet and the show. **Payment is due by January 15. Please make checks payable to Pickerington Senior Center.**

Discover ~ Switzerland, Austria & Bavaria March 25—Apr 3, 2009

COLOR BROCHURES AVAILABLE

This trip offered by Collette Vacations is a lifetime adventure. Travel highlights include Bern, a tour of Chateau de Chillon on the shores of Lake Geneva, a ride on the Golden Pass Panoramic Train from Montreux to Gstaad, as well as visits to charming lakeside towns and Alpine villages including Bavaria and the quaint village of Oberammergau and historic Salzburg.

Cost for the trip is \$2,899.00 double occupancy. Trip protection insurance is \$200.00. A \$250.00 deposit is due at sign up. **STOP IN OR CALL FOR A DETAILED COLOR BROCHURE.**

Copper Canyon Adventure Trip Presentation

**February 25, 2009
1:00 p.m.
Pickerington Senior Center**

A Collette Vacation representative will show slides of this upcoming trip, cover all the highlights and answer questions about this awe inspiring and exciting trip planned for October 2009. **This presentation is a must for anyone interested in this trip!**

Exercise Class to assist with Fall Prevention COST IS \$30.00



A four week exercise program is being offered at the Center on Wednesdays from 11:00 am until noon beginning on January 7. Classes will be taught by an instructor from Fitness Firm. These classes will increase muscle, build bone density and increase your range of motion. Sign up today. Anyone can participate in these classes as they are taught while you either sit in a chair or stand behind the chair. Call the center at 837-8276.

COPPER CANYON ADVENTURE OCT 10-18, 2009 COLOR BROCHURES AVAILABLE

Collete Vacations offers this 9 day adventure to beautiful Copper Canyon in Mexico. The trip includes round trip airfare, a train ride and more. After landing in Phoenix, AZ for a special welcome dinner and a night in Tucson, it's across the Mexican border and the beautiful Sonora Desert to the Sea of Cortez for 2 days overlooking the beautiful San Carlos Marina. Day 3 you will spend in the beautiful colonial city of El Fuerte, a colorful settlement founded by the Spaniards in 1564. Day 4 you will travel aboard the Chihuahua-Pacifico Railroad through Copper Canyon for an awe-inspiring journey that will take you from sea level to almost 8,000 feet via numerous tunnels and over countless bridges in this unspoiled landscape. You will enjoy the stunning views from your hotel, which rests on the rim of the canyon before traveling to the Mennonite Museum near Cuatemoc for lunch. Then, you continue to Chihuahua where you will visit an orphanage supported by the Colette foundation.

Cost is \$2,149.00 per person double occupancy. Trip cancellation insurance is \$140.00 per person. Make your deposit of \$100.00 early for this exciting trip.



Senior Moments

"Where is my Sunday paper?" the irate customer calling the newspaper office loudly demanded, wanting to know where her Sunday edition was.

"Ma'am," said the newspaper employee, "today is Saturday. The Sunday paper is not delivered until tomorrow, on Sunday."

There was a long pause on the other end of the phone, followed by a ray of recognition as she was heard to mutter, "Well shoot! So that's why no one was at church today."

January

Canal Winchester Senior Citizens, Inc.

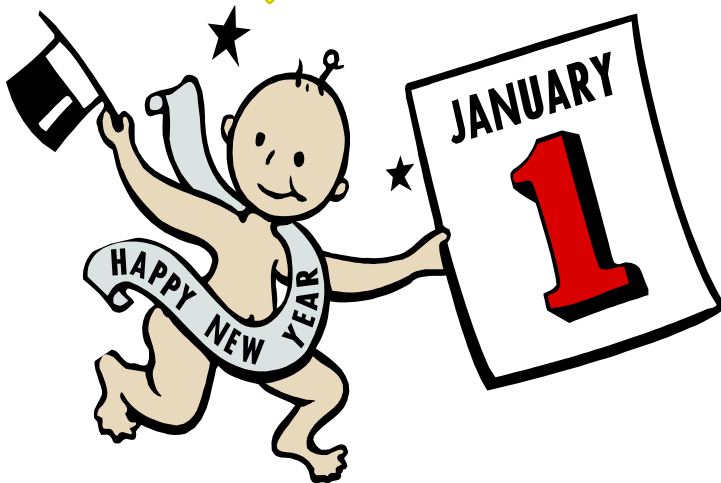
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 	2 12:00 - 3:00 BINGO	3
4	5 9:00 Senior Board 9:00 Quilting 6:00 pm Boy Scouts	6 9:30 Crafts 11:30 Lunch & Cards Sponsor - Caring Senior Services 6:30 -8:30 Rented	7 11-Noon Fall Prevention 1-4 p.m. Massages 7:30 pm C. W. Art Guild	8 1-3 Medigold Presentation 6-7:30 Meeting 7:30 VFW	9 12:00 - 3:00 Progressive Euchre	10
11	12 9:00 Quilting 6:00 pm Boy Scouts	13 Noon — Potluck, Meeting & Cards 7:30 p.m. CW Garden Club	14 11-Noon Fall Prevention 6:00 pm Lion's Club	15 1-3 Aetna Presentation 5:30 -9:00 Rented	16 11:00 Bus leaves for "Out to Lunch Bunch"	17
18	19 Center Closed in observance of Martin Luther King Day	20 9:30 Crafts 11:30 Lunch & Cards Sponsor - Faith United Methodist	21 11-Noon Fall Prevention 12:30 -Red Hat Luncheon	22	23 12:00 - 3:00 Progressive Euchre	24
25	26 9:00 Quilting 6:00 pm Boy Scouts	27 9—noon Podiatrist 9:30 Crafts 11:30 Lunch & Cards Sponsor - Altercare	28 11-Noon Fall Prevention	29	30	31

Canal Winchester Senior Citizens, Inc.
22 S. Trine Street
Canal Winchester, OH 43110
614-837-8276

PRESORTED
STANDARD
U.S. Postage
Paid
Permit # 44

January Newsletter
Dated material. Please deliver promptly

HAPPY NEW YEAR



From all the Staff:

Carrie Hoover, Community Affairs Director
Donna Warren, Senior Citizen Coordinator
Linda Tennison, Receptionist
Lou Snyder, Senior Transportation Driver
Larry Dowler, Senior Transportation Driver
Penny Miller, C.W. Human Services

Frances Steube Community Center
22 S. Trine Street
Canal Winchester, OH 43110
Phone: 614-837-8276